



Enhancing
Knowledge
and Skills

*for ourselves, those we serve
and our communities*

Illinois Certification Board

3rd Annual Fall Conference

October 14 - 18, 2019

DoubleTree by Hilton · Mt. Vernon, Illinois

Workshops

Monday, October 14 (4 CEUs)

10:30am - 12:00pm Registration and Networking

12:00pm - 5:00pm Exhibits and Networking

12:00pm - 4:30pm **Workshop A**
"Anxiety and Depression & Depression and Anxiety"
David W. Schilling, MA, CAADC, LCPC
This workshop will identify key components of the clinical assessment of anxiety and depression. Differential diagnostic considerations for Acute Abstinence Syndrome for alcohol and other addictive drugs will be addressed. Strategies for assessing trauma history and exposure to domestic violence will be discussed.

12:00pm - 4:30pm **Workshop B**
"The Truth Hurts - But Does It Have To?"
Cheri DeMoss, MA, LCPC, CAADC, NCADCII, MAC, NCRS
This workshop will teach skills necessary to help clients not fear the truth and to see it as nothing more than reality and not a shame-filled weapon that can be used against them. These skills are some of the most powerful tools one can use to minimize or eliminate the effects of shame. Learning how to prevent the truth from hurting increases both self-esteem and self-acceptance permanently.

10:15am - 4:30pm **Workshop C**
"Clinical Blind Spots: Behavioral Addictions"
Brian Lengfelder, LCPC, CAADC, CSAT-S, CCJP, SAP, MAC, CMAT-S, ACRPS
Addictive behaviors can occur in many forms and are often unrecognized and untreated in the substance use disorder population. Often, it is assumed that physical dependence characterized by withdrawal symptoms due to substance use is required for someone to be diagnosed with an addiction disorder, but the fact is that behavior addictions can occur with all the negative consequences in a person's life. It is the obsessive and compulsive nature of the behavior that is often indicative of a behavioral addiction. Many individuals are engaged in addiction interaction disorder with substances and behaviors and require appropriate assessment and interventions to have successful recovery efforts.

10:15am - 4:30pm **Workshop D**
"Always Daring Distraction: Addiction and ADD" - *Cheri DeMoss, MA, LCPC, CAADC, NCADCII, MAC, NCRS*
A large majority of those with addictions also suffer with attention deficit disorder (ADD). Many have gone their whole lives believing the shame and blame put on them by those who do not understand what they are going through. The person with ADD has a brain that is always daring distraction - constantly seeking new ideas, thoughts, and experiences. This engaging and interactive workshop is designed to show the unique strengths, energy, and intelligence of those with ADD.

Tuesday, October 15 (6 CEUs)

7:30am - 8:15am Registration and Networking

8:00am - 5:00pm Exhibits and Networking

8:20am - 8:30am Welcome
Joseph Lokaitis, President, ICB
Jessica Hayes, Executive Director, ICB

8:30am - 10:00am **Keynote**
"The Emerging Public Health Crisis of Recreational Marijuana" - *Joseph E. Troiani, Ph.D., CADC, ICB Board Member*
With the passage of legislation by Illinois, marijuana will be available to adults for recreational use. This will make Illinois the 11th state to legalize its use as a recreational drug. There are proponents who have aggressively advocated for legalization and those who are concerned about the consequences. Looking at those concerns, the public health and public safety impact of marijuana in the ten states that have legalized the drug will be reviewed. This keynote will also present a growing body of literature on the bio-psycho-social consequences to the use of high grade grown marijuana.

10:15am - 4:30pm **Workshop E**
"The Incarcerated Veteran: The Complicating Factors of Substance Use Disorders, Mental Illness, and Moral Injury" - *Joseph E. Troiani, Ph.D., CADC, ICB Board Member*
The issue of military Veterans being arrested and jailed has been identified as a significant problem. It has been reported Veterans have a higher rate of engagement with the criminal justice system versus the non-Veteran populations. This workshop will explore the extent and nature of the problem and answer the question as to why Veterans are disproportionately arrested and incarcerated. The complicating factors of substance use disorders, mental illness, and moral injury will be examined as contributing factors. Finally, this workshop will look at the emerging models of prevention, intervention, and treatment regarding Veterans.

12:00pm - 1:00pm Lunch

7:30pm - 8:30pm Open AA Meeting

Attendance at Keynote Required to Meet Full Day CEU Requirement
Sign-in Sheets Will Be Circulated and Audited

Wednesday, October 16 (6 CEUs)

7:30am - 8:15am Registration and Networking

8:00am - 5:00pm Exhibits and Networking

8:30am - 8:40am Welcome
Joseph Lokaitis, President, ICB
Jessica Hayes, Executive Director, ICB

8:45am - 12:00pm Workshops F, G and H

Workshop F
"Marijuana: Legal, Medical and Unknown"
Randall Webber, BA, MPH, CADDC
This workshop will provide participants with the latest research on the short- and long-term effects of marijuana, answer questions about how the Illinois medical marijuana program works, and offer information about how, where and when legal marijuana will be available to the public. It will also engage participants in a discussion of how to manage medical marijuana patients who present for treatment of other substance use problems.

Workshop G
"What Came First, the Chicken or the Egg: Substance Use Disordered Adolescents and Co-Occurring Disorders" - Stella M. Nicholson, MA, LCPC, CAADC, MAC, ICB Board Member
This workshop is designed to explore co-occurring disorders and process addictions in the substance use disordered adolescent. It will also examine principles of treatment that lead to favorable outcomes. Current trends and statistics will be examined that lead to competency-based treatment with this population.

Workshop H
"Cognitive Behavioral Intervention Programs Within the Criminal Justice System"
Timothy O'Boyle, MS, CADDC, QMHP, ICB Board Member
This workshop will examine the therapeutic community (TC) and its highly regulated daily regimen with clearly stated expectations for behavior, including peer to peer accountability, consequential and social learning, right living concepts, gradients of internalizations and the roles of learning. Participants will be introduced to the ideas of a structure board of hierarchy within the community and educational and vocational programs to treat the individuals with a holistic approach. This workshop will also provide the success stories of men who have completed the Certified Associate Addictions Professional training program within a TC and have gone on to become clinicians/mentors within the helping field.

12:00pm - 1:00pm Lunch

1:15pm - 4:30pm Workshops I, J and K

Workshop I
"Something Old and Something New: Substance Use Disorder and the Family"
Stella M. Nicholson, MA, LCPC, CAADC, MAC, ICB Board Member
This workshop will explore the impact substance use disorder has on family members. More and more family members are being affected from birth to old age. As substance use disorders increase, so does the mental health issues of family members. An exploration of this impact on family members will be examined.

Workshop J
"Ethical Dilemmas and Critical Incidents"
George K. Rafeedie, MPA, CSADC, ICB Board Member
How do clinicians and supervisors deal with ethical dilemmas that could disrupt therapeutic relationships? This workshop will explore how personal and professional ethics, morals and values influence clinical decisions, review components of various codes of ethics defining the parameters of appropriate ethical practices, and discuss a variety of scenarios in order to manage critical incidents with the least disruption to therapeutic relationships and the workplace.

Workshop K
"Special Populations and Problem Gambling"
Robby Fuqua, MSW, LCSW
This presentation will cover the different issues and unique perspectives of three very important populations as they relate to problem gambling: Veterans, women, and young adults. It will focus on how each of these populations interplay with the characteristics of gambling addiction and then provide general consideration when intervening, assessing, and treating gambling disorder and problem gambling behaviors.

7:30pm - 8:30pm Open AA Meeting

Thursday, October 17 (6 CEUs)

7:30am - 8:15am Registration and Networking

8:00am - 5:00pm Exhibits and Networking

8:30am - 8:40am Welcome
Joseph Lokaitis, President, ICB
Jessica Hayes, Executive Director, ICB

8:45am - 12:00pm Workshops L, M and N

Workshop L
"Cultural Competency 101"
Lawrence A. Dunbar, MS, CAADC, CODP II, CPS, PCGC, ICB Board Member
Culture is a topic that all counselors are required to understand yet it is often unclear what is

Workshops

meant by the term. This workshop will explore and attempt to define what culture and cultural competency is, how it affects our daily lives and how it pertains to skills in the field of substance use disorders. It will include information on the Illinois Administrative Code Part 2060 and ethical issues. Participants will interact through group work to explore who they are culturally.

Workshop M

"This is Your Body on Life: Serving People with Complex Physical and Behavioral Health Conditions" - Pamela Woll, MA, CPS

By the time people make it into treatment systems, high levels of toxic stress and trauma have often led them to develop multiple chronic physical and mental health conditions. This is particularly challenging for women, possibly due to the types of traumas and stresses that are far more prevalent among them; the effects of gender role expectations on self-care; and that women tend to live longer than men, but with a greater burden of chronic illness. This participatory workshop offers information on how the body's responses to stress can lead to chronic physical and behavioral health challenges, and a free booklet (posted on the ICB website) that can help your clients understand how stress affects health.

Workshop N

"Collaborative Documentation"
George K. Rafeedie, MPA, CSADC, ICB Board Member

The objective of this workshop is to improve clinical documentation while involving the patient in the process. It will address how to develop a positive understanding of the collaborative documentation process and the Golden Thread as it relates to patient engagement and the following documents: intake/assessment, treatment planning, clinical case notes, continuing stay reviews, continuing recovery planning and discharge summaries.

12:00pm - 1:00pm Lunch

1:15pm - 4:30pm Workshops O, P and Q

Workshop O

"Navigating the Secretary of State Hearing Process" - Michael R. Johnson, JD, and Judd Goldrich, JD

The Secretary of State Administrative Hearing Process is complex, confusing and very challenging. This workshop will explain the entire process, from the initial intake of a Petitioner to actually getting their driving privileges reinstated. It will explain how someone's driving privileges are initially suspended and/or revoked and what needs to be done to have those driving privileges reinstated.

Workshop P

"Energizing Your Counseling Groups!"
Bob Carty, LCSW, CADC, CCJP

Group can be a powerful, therapeutic experience for clients in addictions treatment as long as counselors have the knowledge and skills to tap into the energy found in peer-to-peer learning. This workshop will discuss key concepts of group dynamics and demonstrate experiential techniques that promote group cohesion and self-awareness

Workshop Q

"Looking Forward: Moving Families Past Chaos" - Nancy Jo Gwin Phillips, MEd, CAADC, CFPP

As the field for substance use disorder addresses family involvement in treatment services, looking at the future is important. Whether the outcome for their loved one is a recovery journey, incarceration, or death, the families often feel grief and battle with the next move. When the family focus was revolved around their loved one's substance use, the family is often at a loss of focus as the crisis and chaos lessens. Without educational and emotional support offered by treatment services and self-help, it is often difficult to move forward. A panel of people who have "lived experience" will be present to share how they have moved forward in healthy ways.

7:30pm - 8:30pm

Open AA Meeting

Friday, October 18 (4 CEUs)

7:30am - 8:15am

Registration and Networking

8:00am - 1:00pm

Exhibits and Networking

8:20am - 8:30am

Welcome
Joseph Lokaitis, President, ICB
Jessica Hayes, Executive Director, ICB

8:30am - 1:00pm

Workshop R
"Approaches to Engage Clients and to Promote Change" - Bob Carty, LCSW, CADC, CCJP
Most people with substance use disorders or co-occurring disorders typically enter treatment with considerable ambivalence. This is true whether the clinical setting is community-based or within a correctional facility. This workshop examines various therapeutic approaches counselors may use to build early rapport, reduce denial and create a context for change. Key strategies and techniques are highlighted from Twelve-Step Facilitation, Motivational Interviewing, Stages of Change, Acceptance and Commitment Therapy and Mindful Self-Compassion.

1:00pm

Adjourn

Double Tree by Hilton

(formerly Mt. Vernon Hotel & Event Center) • Mt. Vernon, IL • 618-244-7100

Registration and Cancellation policy:

Please return the registration form in this brochure with full payment (check, money order or VISA/MasterCard). You may also register by emailing completed registrations to info@iaodapca.org with payment (VISA/MasterCard). Neither incomplete registration forms, nor registration forms without signature and/or the billing address where the credit card statement is mailed, will be processed. Due to limited seating, registrations must be pre-paid by September 25, 2019.

Cancellation requests must be in writing and received by ICB prior to September 25, 2019. A \$25.00 administrative fee will be assessed to all cancellations prior to September 25, 2019. **Registrations cancelled after September 25, 2019 will not be refunded. Pre-registrants who fail to attend without notification are liable for the full registration fee.**

Location/Accommodations:

All conference activities will be held at the DoubleTree by Hilton (formerly Mt. Vernon Hotel & Event Center) at 222 Potomac Blvd., Mt. Vernon, Illinois.

A block of rooms has been reserved for ICB participants at DoubleTree by Hilton for the conference rate of \$88.00 plus taxes, per night. **Please make your own reservations** by contacting the hotel directly at 618-244-7100. **Be sure to identify yourself as an Illinois Certification Board participant to receive the**

special group rate. Reservations must be made by September 30, 2019; after this date rooms may be reserved on a space-available basis only at the customary rate.

Continuing Education:

All CEUs are ICB Certified AOD Counselor, with/without Gender Competent Endorsement and Adolescent Treatment Endorsement, Certified Prevention Specialist, Certified Associate Addictions Professional, Certified Recovery Support Specialist, Certified Assessment/Referral Specialist, Certified Problem and Compulsive Gambling Counselor, Certified Criminal Justice Addictions Professional, Medication Assisted Addiction Treatment Professional, Certified Family Partnership Professional, Certified Veterans Support Specialist, Certified Peer Recovery Specialist Category I/II, CODP Category I/II/III, National Certified Recovery Specialist Category II, and Registered Dual Disorder Professional. Professionals certified by other certification boards should contact their respective boards for CEU requirements.

ICB is a licensed CEU provider through IDFPR for LCSWs (159-000254), LMFTs (168-000113), LCPCs and LPCs (197-000010).

CEAP PDHs are available for the following workshops only:
Workshop K – Special Populations and Problem Gambling

Workshop O – Navigating the Secretary of State Hearing Process

Workshop P – Energizing Your Counseling Groups!

NOT ALL workshops are approved for PDHs. Please contact our office if additional information is needed.

Disclaimer:

The workshops do not necessarily reflect the policies or practices of ICB, Inc.

NOTICE

CEU certificates will be sent to participants after the completion of the conference. Participants will be required to sign in and sign out of workshops to verify attendance to obtain CEUs. Participants are expected to attend the entire length of each workshop. We appreciate your cooperation with this process.

Mail registrations to:

ICB, Inc.

401 E. Sangamon Avenue

Springfield, IL 62702

or email: info@iaodapca.org

SINCE ICB CANNOT CONTROL THE HOTEL THERMOSTAT, BRING A JACKET OR SWEATER JUST IN CASE IT IS COOLER THAN YOU MIGHT LIKE

*JUST A REMINDER
ALL ICB FUNCTIONS ARE SMOKE-FREE*

ATTENTION

Breakfast Information

Breakfast will not be provided at the conference. Please plan accordingly. For conference participants staying at the DoubleTree by Hilton, breakfast is included in your hotel stay.

Handouts

ICB will not be providing handouts for the workshops. Instead, handouts made available to us by the presenters will be posted on our website, www.iaodapca.org, one week prior to our conference for those participants who wish to view, print, and/or download them. Please note, not all presenters may post their materials.

Location

DoubleTree by Hilton
(formerly Mt. Vernon Hotel & Event Center)
222 Potomac Blvd.
Mt. Vernon, IL
618-244-7100

Directions

If traveling I-57 S, take Exit 95, at stop light turn right onto Broadway/Rt. 15, go to first stop light and turn right onto Potomac Blvd

If traveling I-57 N, take Exit 95, at stop light turn left onto Broadway/Rt. 15 crossing over I-57, at second stop light turn right onto Potomac Blvd

ICB Exhibitor Registration

Exhibit space is now available to purchase for the ICB Fall Conference. Choose an option below and submit with payment to ICB by September 27, 2019. Space is limited so reserve yours today! Should you need further details contact Dianne Gutierrez at 217/698-8110 or Dianne@IAODAPCA.org.

Contact Information

Contact Person _____ Title _____
Organization _____
Address _____
City _____ State _____ Zip _____
Telephone () _____
Email _____

\$500.00 October 14 – October 18, 2019*

This package includes one (1) complimentary workshop pass each day and a complimentary lunch ticket. It also includes one (1) additional complimentary lunch ticket each day for the booth exhibitor.

***Please complete a conference registration form for those you would like to send to the workshops, if no conference registration forms are with this form, workshop passes will be sent to the contact person listed above.**

OR

\$150.00 for each day (Please check each day of attendance)

October 14th October 15th October 16th October 17th October 18th

This packet includes one (1) complimentary lunch ticket for the booth exhibitor.
(One ticket will be issued for each day of attendance.)

PLEASE INDICATE YOUR DISPLAY PREFERENCE:

- Table Top Display (A six foot skirted table will be provided for your booth)
- Floor Model Display
- Electric Outlet

METHOD OF PAYMENT

Enclosed is check # _____ made payable to ICB in the amount of \$ _____

I wish to pay by _____ VISA _____ MASTERCARD

Card number _____ - _____ - _____ Exp Date _____

Name on credit card _____ Security Code _____

Credit Card Billing Address _____

City _____ State _____ Zip _____

Exhibit space is limited and will only be reserved upon receipt of this form and fee. Any organizations attending the full week as an exhibitor will be required to pre-register all complimentary conference attendees. You can email this completed form to dianne@iaodapca.org or mail to ICB, 401 E. Sangamon Ave, Springfield, IL 62702



2019 Fall Conference Registration Form

October 14 - 18, 2019 • DoubleTree by Hilton • Mt. Vernon, Illinois

Instructions

- Registrations must be received by September 25, 2019.
- The walk-in price, \$75.00 per day, will be required for registrations received after this date.
- Requests to cancel registration must be in writing and received prior to September 25, 2019.
- Cancelled registrations will be assessed a \$25.00 administrative fee.
- Registrations cancelled after September 25, 2019 will not be refunded.

PRINT LEGIBLY

Check if new address

First Name: _____ MI: _____ Last Name: _____

Agency name as it is to be listed on name tag _____
please limit to 25 characters, including spaces (abbreviate if necessary)

Address (home address only) _____

City _____ State _____ Zip Code _____

Email Address (Required) _____

Work Phone () _____ ext. _____ Home Phone () _____

ICB Certification # _____ Certification Level _____

ICB Registration # _____ Board Registered Level _____
(CODP, RDDP, MAATP)

Monday, October 14, 2019

Select one (A) _____ or (B) _____

Tuesday, October 15, 2019

Select one (C) _____ or (D) _____ or (E) _____

Wednesday, October 16, 2019

AM workshop – select one (F, G or H) _____ PM workshop – select one (I, J or K) _____

Thursday, October 17, 2019

AM workshop – select one (L, M or N) _____ PM workshop – select one (O, P or Q) _____

Friday, October 18, 2019

(R) _____

MAIL REGISTRATION TO:

ICB, INC.
401 E. Sangamon Ave.
Springfield, IL 62702
Email: info@iaodapca.org

	Member*	Total	Non-Mem.	Total
1/2 Days (Mon or Fri)	55.00		60.00	
Single Full Days (Tues-Thur)	65.00		70.00	
Entire Conference	300.00		315.00	
ATP Students** \$50.00 each day				
TOTAL				

*Member includes certified, registered, or in the application process with ICB.

**Student refers to persons not currently certified by ICB and currently enrolled in an ICB accredited training program. Students must attach a copy of their student ID when submitting their registration form.

WALK-IN PRICES FOR ALL PERSONS ARE \$75.00 PER DAY AND ACCEPTED ONLY ON A FIRST-COME -FIRST-SERVED BASIS DETERMINED BY THE CONFERENCE CAPACITY.

continued on back

ICB, Inc.
401 E. Sangamon Avenue
Springfield, IL 62702

PRESORTED
STANDARD
U.S. POSTAGE
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Annual Fall Conference

2019 Fall Conference Registration Form

October 14 - 18, 2019 • DoubleTree by Hilton • Mt. Vernon, Illinois

I WISH TO PAY BY: Check Credit Card (VISA & MasterCard ONLY) Voucher (must attach to registration)

Printed name on card _____

Card Number _____ - _____ - _____ - _____

Amount to be charged \$ _____ Expiration Date _____

Security Code _____ (Three digit number on the back of the credit card.)

Billing Address _____

City _____ State _____ Zip Code _____

Telephone (_____) _____ Ext. _____

Signature _____

If you have a disability and are in need of special accommodations to fully participate in this conference, please notify ICB in writing at least 30 days prior to the event.

COMPLETE ONLY IF AGENCY IS TO PAY FULL OR PART OF THE REGISTRATION FEE

The individual is responsible for payment of fee if the agency does not submit payment.

CEU certificates will not be issued to any registrant who has an outstanding conference registration fee.

Agency payment option is available for Members* of ICB only.

Indicate amount to be paid \$ _____ PO# _____

Business name and address _____

City _____ State _____ Zip Code _____

Contact Person _____ Telephone (_____) _____ Ext. _____

A COPY OF THIS REGISTRATION FORM MUST ACCOMPANY AGENCY PAYMENT FOR PROPER CREDIT.

*Member includes certified, registered, or in the application process with ICB