“Burned Up and Burned Out”

Presented by:
Stella M. Nicholson, MA, LCPC, CAADC, MAC

If you are a counselor, of any type, you will not want to miss this highly recommended workshop presented by the President of the ICB Board of Directors, Stella Nicholson. This interactive workshop will focus on the symptoms of burn out in counselors. Anger, frustration, and overwhelming case loads will be discussed. This workshop will also focus on how counselors can be part of the solution instead of part of the problem. Remaining positive, creative, and self caring will be goals of this learning experience. Additionally, you will learn how a clinical supervisor can be an asset to a clinician suffering from this malady. You will earn 6 ceus for the entire workshop and will gain a better perspective as a counselor.

Stella M. Nicholson, MA, LCPC, CAADC, MAC is a private practitioner and the owner of Stella M. Nicholson & Associates in Lombard, Illinois where she counsels adult children of alcoholics/co-dependents, alcoholics/addicts, individuals with mental health issues, couples and families.

With 36 years of experience in the addictions field, Ms. Nicholson has served as a consultant/trainer to numerous treatment facilities, mental health organizations, hospitals, schools, and institutions. She was the aftercare Program Director and marketing representative for three Cottonwood facilities in Tucson, Texas and New Mexico.

Ms. Nicholson has served on the faculty of numerous universities and colleges such as Northeastern, Loop, Concordia, and Triton and currently is adjunct faculty to National Louis University. She has lectured and taught at both the local and national levels on a variety of subjects with regards to addictions and mental health issues. She is also the author of two workbooks entitled “Journey to Recovery” and “Addictions, Relationships and the Twelve Step Connection.”

Registrations are due by November 24, 2014. The seminar begins at 9am at the ICB office and will conclude at 4pm. Six ICB Approved CEUS will be given at the end of the seminar. Coffee will be provided in the morning along with lunch in the afternoon. If you are particular with certain food items or you are on a special diet please bring your own lunch.

-Registration Form-
Please complete this registration form and mail or fax to ICB by November 24, 2014

“Burned Up and Burned Out”

Friday, December 5, 2014
9am-4pm
ICB, Inc.
401 E. Sangamon Avenue
Springfield, IL  62702
6 ICB Approved CEUS

Burned Up and Burned Out Seminar . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . $75.

FIRST NAME ___________________ LAST NAME ___________________
MAILING ADDRESS:___________________________________________________________