IAMAAT

The Illinois Standard for Board Registered Medication Assisted Addiction Treatment Professionals (MAATP)

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PREFACE

The minimum MAATP competencies are the knowledge base and skill base that are identified by IAMAAT (Illinois Association for Medication Assisted Addiction Treatment) and the U.S. Department of Health and Human Services (DHHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT). The minimum MAATP competencies define the nature and scope of this unique profession. The competencies are specific to providing services to those individuals involved in Medication Assisted Addiction Treatment programs, thus distinguishing this profession from other helping/human service professions. The board registration system recognizes a number of avenues a person may take to acquire the minimum MAATP competencies.

INTRODUCTION

Medication Assisted Addiction Treatment Professionals (MAATPs) fill a unique role in the health and human service profession. MAATPs, in a variety of settings, use various treatment approaches and work with a wide range of patient populations. The MAATP board registration was developed from recognition of the need to assure quality care to patients. This voluntary system identifies the functions, responsibilities, knowledge and skill bases required by MAATPs in the performance of their jobs.

The *Illinois Standard for Board Registered Medication Assisted Addiction Treatment Professionals* is designed to measure MAATPs' competency, define their role and function and identify a unique place for them among other health/human service providers. IAMAAT recognizes that MAATPs are educated in a wide range of disciplines, therapeutic approaches, techniques, experiences and training. The system is designed to accommodate and evaluate professionals who are academically and/or experientially trained.

Board registered MAATPs have met predetermined criteria for working in alcohol and other drug systems to guarantee that quality service is available to the medication assisted addiction treatment (MAAT) patient. Finally, the system provides a professional registration that guides employers in selecting competent MAATPs, recognizes MAATPs' skills and competence and defines their unique role as health and human service providers.

PURPOSE

The purpose of IAMAAT is to establish standards and procedures for voluntary, professional credentials for individuals employed in the alcohol and other drug addiction field.

- To assure competent, professional treatment services to persons suffering from alcohol and other drug issues.
- To assure competency that will meet standards required for credentialing, accreditation and third-party reimbursement.
- To provide a respected credential of professional competency.
- To provide a method whereby appropriate professional standards can be maintained and updated.

PHILOSOPHY

The substance abuse continuum ranges from abstinence to non-problem use, to problem use resulting in significant impairment of functioning, to drug use at levels that are life-threatening. This continuum is based both on the pattern of drug use (amount of alcohol and other drugs consumed, frequency of use) and on the consequences of drug use. For each individual, the proper treatment intervention depends on the phase of recovery, the level of acuity, severity, disability and motivation for treatment.

The use of alcohol and other drugs in society is present at alarming rates. Loss of work proficiency, deteriorating functional relationships, arrested development and ultimately, death, mandates that care be available to those individuals where addiction exists. Alcohol and other drug addiction touches all elements of the human condition. A comprehensive treatment approach is necessary to treat the whole person, not just symptoms.

IAMAAT recognizes the disease model of addiction as well as the bio-psycho-social-spiritual approach and other philosophies, and identifies methods effective in promoting recovery. It supports ongoing research and technology and remains open to new techniques as they are proven to be effective. It is committed to professional growth and to openness and enthusiasm about new information. IAMAAT acknowledges that the use of medication in the treatment of alcohol and other drug addiction patients is ethical when appropriately prescribed and supports the use of such medication when administered in a competent clinical manner.

DEFINITION

MAATPs are responsible for providing formal monitoring and support to patients and are expected to have skills and comprehensive knowledge of the effects of alcohol and other drug addiction. They combine a distinct knowledge base with human services skills to deal with the unique attitudes and behaviors associated with alcohol and other drug addiction. The knowledge and skill base may be acquired through a combination of specialized training, education and supervised work experiences.

The role of the MAATP generally includes:

- 1. Encouraging patient involvement in the treatment process to address problems relating to alcohol and other drugs.
- 2. Helping patients comply with MAAT program rules.
- 3. Identifying and removing barriers to full treatment participation and retention.
- 4. Providing experienced, educational services, to assist and support patients in developing and/or maintaining a responsible and functional lifestyle.
- 5. Recognizing problems beyond the professional's training, skill or competence and exhibiting a willingness to refer to the appropriate professional service(s).
- 6. Providing experienced, professional services, as needed, to addicted patients, their families and significant others.
- 7. Helping patients address their physical, intellectual, emotional, social and spiritual needs to facilitate and maintain a recovery process.

REQUIREMENTS FOR BOARD REGISTRATION

Applicants must meet all requirements to obtain registration, including an approved application, passing the examination (when required*) and payment of all appropriate fees.

The following chart details the minimum requirements for registration based on work experience, supervised practical experience and training/education:

Degree Requirement	Required Work Experience	Supervised Practical Experience	Education	Required Examination*
High School/GED	1 year (2000 hours) of paid MAAT qualified work experience (250 hours within the past year, and the remaining hours within the past 4 years)	120 Hours	190 Hours 80 hours Alcohol and Other Drug Specific 8 hours Professional Ethics 56 hours MAAT Specific 46 hours General Knowledge/Skills	Examination

^{*} Applicants who meet the requirements of 77 Illinois Administrative Code, Title 77: Public Health, Chapter X, Part 2060, Staff Qualifications, and can provide proof they are in good standing, will not be required to take the written examination.

Work Experience

IAMAAT defines qualified work experience as paid, supervised employment with a MAAT patient caseload/assignment of at least 50%. Additionally, at least 50% of the applicant's time devoted to MAAT patients must be spent providing direct service in individual and/or group settings with MAAT patients and/or their families/significant others. By definition, volunteer work and personal life experiences do not meet this requirement.

Applicants who are current supervisors of direct service MAATPs and have been for more than four years, may use their time prior to the four years to substantiate direct service qualified paid work experience.

 A Bachelor's degree or higher in human services or behavioral sciences, with at least 9 semester hours of alcohol and other drug training will substitute for 500 hours of work experience.

Nonresidents of Illinois are eligible for board registration by IAMAAT but must meet all standards and criteria, submit all fees, and maintain their registration via the continuing education mechanism.

Supervision

Supervised practical experience must cover the MAAT Core Functions. Supervision hours are not the hours that an individual spends providing MAAT services but instead are the hours the individual spends being observed, either directly or indirectly (audio/video tapes, chart review, etc.) performing these services and the time spent in staff meetings or with a designated supervisor discussing the professional's work performance.

Applicants must receive supervision while in a position held for at least one year and used to meet the work experience requirements for registration. Supervisors are not required to be certified or board registered.

Realizing that supervision may take place in a variety of settings and have many faces, IAMAAT determined not to place limiting criteria on qualifications of a supervisor. Rather, it was determined that supervision should be as broadly defined as in the Center for Substance Abuse Treatment/Substance Abuse and Mental Health Services Administration's <u>Technical Assistance Publication Number 21</u>. TAP 21 defines supervision/clinical supervision as: the administrative, clinical, and evaluative process of monitoring, assessing and enhancing counselor performance.

Education

- High School Diploma or GED
- Documentation that applicant has obtained a diploma, degree or certificate of completion from an institution that is accredited by the US Department of Education's Office of Post Secondary Education.
- 190 clock hours of education
 - 80 clock hours of education must be alcohol and other drug specific
 - 8 clock hours of professional ethics
 - 56 clock hours of education must be MAAT specific
 - 46 clock hours of education related to general knowledge/skills (for example, human development, case management, research methods, health and safety, crisis intervention).
- Sources of education include college courses, seminars, conferences, in-services, lectures. etc.
 - 1 college semester hour = 15 clock hours, 1 college quarter hour = 10 clock hours, 1 college trimester hour = 12 clock hours

Examination

The Illinois Certification Board (ICB) offers the alcohol and other drug abuse (AODA) counselor state examination to MAATP applicants. Exams are by appointment only.

Applicants may take examinations prior to approval of their application by submitting the following:

- the first page of the application with general information about the applicant
- a signed and dated Assurance and Release form
- a signed, dated and notarized IAMAAT Code of Ethics for Board Registered MAATPs
- payment of the application fee
- a written request to take the examination prior to application approval

Applicants will receive an examination letter and test code sheet. To be scheduled for the examination, the applicant must return a completed test code sheet with payment of the non-refundable examination fee by the deadline.

Individuals with disabilities and/or religious obligations that require modifications in examination administration must submit a written request for specific procedural changes to ICB no fewer than sixty days prior to the scheduled examination date. Official documentation of the disability or religious issue must be provided with the written request. With supportive documentation and proper notice for request, ICB will offer appropriate modifications.

Applicants are allowed three and one-half (3½) hours to complete examination. Exam scores are reported immediately upon completion of the exam. Applicants failing the examination will be given opportunities to retest providing the application is in good standing. Applicants must notify ICB of their intent to be seated for that examination by completing a pre registration test code sheet and paying the appropriate examination fee. An applicant's file will be closed if the applicant does not retest within one year of obtaining a failing score. In such a case the applicant will be required to submit a new application.

ACCOUNTABILITY

This system is accountable to other professionals. The credentials are independent, private, freestanding and self-supporting. The profession determines and maintains its own standards.

HOW TO APPLY

Board registration will be granted contingent upon documentation of eligibility, submission of all required application material, successful completion of the examination (when required) and payment of all fees. The following outlines the application, review and approval process.

- 1. Read the entire Illinois Standard thoroughly.
- 2. Complete all parts of the application. Print legibly or type application, and be sure to include all required attachments.
- 3. Attach all required documentation to support employment and education (i.e. current job description, official transcripts, copies of training certificates, letters of attendance/participation).
- 4. A current job description is required. Job descriptions must be on agency letterhead, dated and signed by the applicant and supervisor and must reflect the applicant's actual job duties and responsibilities.
- 5. Sign, date and notarize the MAATP's Code of Ethics.
- 6. Verify the completeness of the application by using the "MAATP Application Checklist" included with the application.
- 7. Completed application materials must be mailed to, IAMAAT, 401 East Sangamon Avenue, Springfield, IL 62702. **Applications will not be accepted by email**.

Review of Materials

Upon receipt, the application and materials will be screened for completeness and correctness. The results may be one of the following:

Application Approved – The application meets all registration standards, and the applicant must pass the written examination (when required), if he or she has not already done so, in order to meet the requirements for registration.

Application Pending – Some materials need clarification, submission or resubmission of any part of the application. The applicant will be notified in writing of the problem(s). **Within one year of the application date, corrected materials must be submitted to IAMAAT or the application will be destroyed resulting in reapplication.**

Application Denied – Registration standards were not met resulting in denial of application.

FEES

MAATP Application Fee	
Biennial Registration Fee	
Biennial Registration Fee with ICB Counselor Certification	\$ 30.00
Inactive Status (Biennial)	\$ 20.00
Extension Fee (maximum six months) (per month)	\$ 10.00
Late Fee (maximum 6 months) (per month)	\$ 15.00
Returned Check Fee	\$ 50.00
Payment Plan Service Charge	\$ 15.00
Illinois Standard (replacement copy)	\$ 25.00

All fees are non-refundable. The fee schedule is subject to change without notice.

REGISTRATION MAINTENANCE AND RENEWAL

To maintain the high standards of the professional practice and to assure continuing awareness of new knowledge in the field, IAMAAT requires all board registered MAATPs to renew their registration every two years. Registered MAATPs have the responsibility to maintain and renew their credential, and any failure to act is their responsibility. MAATPs must notify IAMAAT, in writing, of any change of address. They are required to pay a biennial registration fee and submit continuing education units (CEUs).

Registered professionals will be notified that their registration is about to expire no fewer than 30 days prior to the expiration date. They will submit their biennial registration fee and CEUs to IAMAAT by their expiration date. Forms for the documentation of CEUs will accompany the notification and must be completed, signed and submitted with proof of attendance. CEUs should not be submitted until notification of expiration.

Registered professionals may arrange a payment plan for the biennial registration fee by selecting a payment option on the fee statement provided to the professional. Such requests must be received **PRIOR** to the expiration date. If 45 days have passed from the expiration date without payment of biennial registration fee and/or submission of continuing education units, that registration shall be terminated. A non-response to biennial notices will result in termination of registration.

Continuing Education Policy

Forty (40) continuing education units (CEUs) are required to maintain registration and must be earned within the two-year registration period. They are not transferable to any other registration period. An average of 20 CEUs should be obtained each year. CEUs obtained prior to the initial date of registration are not eligible for maintaining registration. MAATPs may receive CEU credit only once for a training event, even if it is repeated during different registration periods. A CEU is equivalent to one clock hour. Excluded is non-program time such as breaks, social hours, registration time, meal times. One college semester hour of credit is equivalent to 15 CEUs, one college trimester hour of credit is equivalent to 12 CEUs, and one college quarter hour of credit is equivalent to 10 CEUs.

All 40 CEUs required to maintain registration <u>must</u> be recognized or petitioned for ICB CEUs. Continuing education is broken down into two categories with some education recognized by ICB for both categories.

• CATEGORY I - Minimum 15 CEUs of education specific to alcohol and other drugs or MAAT.

Examples - pharmacology, effects of alcohol or drugs on the human body, signs and symptoms of alcohol and other drugs use or abuse, dynamics of the addiction process, medical treatment issues, detoxification/withdrawal, relapse, MAAT and/or alcohol and other drug rules and regulations, history of alcohol and other drugs, biomedical issues in MAAT, MAAT treatment approaches, stigma reduction for MAAT patients.

 <u>CATEGORY II</u> - Minimum 25 CEUs of education specific to knowledge and skills related to the Core Functions of MAATPs, but does not have to be alcohol and other drug or MAAT specific.

Examples – theory/techniques of therapeutic approaches, human behavior/development, dysfunctional behavior, family dynamics, domestic violence, cultural issues, special populations, social services, confidentiality, legal systems, health and safety, professional relationship dynamics, crisis intervention.

Board Registered MAATPs who are also a licensed physician, LCPC, LCSW, or licensed psychologist need only submit 10 Category I MAAT specific CEUs and proof of current licensure. Board Registered MAATPs who are also ICB certified alcohol and other drug abuse counselors need only submit 10 Category I MAAT specific CEUs and proof of current ICB certification. Category II CEUs are not required.

Sources of Continuing Education

- Recognized programs are training/education ICB has identified as fulfilling the criteria for CEU
 credit and have been awarded CEUs by ICB or are pre-recognized sources. The certificate of
 completion will contain the name of the participant, name and date of the program, program
 number assigned by ICB, number of CEUs and the category designation.
- Structured individual continuing education, such as the ICB Bibliocredit Reading Program and other home study programs, are available to MAATPs with a maximum of 15 CEUs every two (2) years.
- Teaching and training other MAATPs in MAAT knowledge or competency areas qualifies for up to a maximum of 15 CEUs in a two-year registration period. The number of CEUs awarded will be equal to the number of hours spent in actual training time. Patient education and public

- education lectures are not eligible for CEUs. Presentations for which the MAATP has previously received credit are also not eligible.
- Research papers accepted for publication, reading or discussion at a professional meeting
 or conference, and professional publications in the alcohol and other drug and/or MAAT field
 qualifies for up to a maximum of 15 CEUs in a two-year registration period. The topic must
 pertain to issues relating to alcohol and other drugs or MAAT specific and address one of
 the knowledge or skill areas or core functions. The work can be counted only once, even
 though presented in more than one format or location.

Agency In-service Education and Training Programs

Of the 40 CEUs required biennially, 20 CEUs may be agency in-service training programs. Inservices not awarded CEU recognition by ICB may be petitioned for CEUs.

Validation of Continuing Education

MAATPs must document they have obtained CEUs and submit the appropriate validation for each educational experience.

- Certificates or other proof of completion for ICB recognized or petitioned trainings.
- Transcripts or other official grade reports for college or university courses.

Procedures for Counselors to Petition for CEUs

Not all educational experiences available to the registered professional will have been awarded CEUs by ICB, requiring the professional to petition such education/training for CEU credit. Requests are to be submitted to ICB on the petition form with the following information:

- Documentation of attendance
- Goals and objectives of the program
- Date/length of program in clock hours
- Brochure describing program content
- Sponsor, location, instructor and target population
- Definition of the training type (publication, workshop, seminar)
- Identification of the MAAT specific content and/or knowledge/skill related to the Core Functions
- Non-refundable petition fee

Requests will be reviewed within 30 days, and the professional will be notified of the results. If recognized, the professional will be informed of the number of CEUs awarded.

Extension of Continuing Education Requirements

MAATPs unable to meet the continuing education requirements for renewal may request an extension, in writing. Extensions are \$10.00 per month for up to six months from the expiration date. To request an extension MAATPs must include the biennial registration fee plus \$10.00 per month with a written request.

Extensions will not be granted beyond six months. If at the end of six months of extensions MAATPs have not met the requirements for registration, their registration will be terminated. They will not be permitted to place their registration on inactive status. Reinstatement shall be through completing the full certification requirement.

NOTE: MAATPs should remember that this process leaves only 18 months to obtain CEU credit for the current renewal period.

INACTIVE STATUS

ICB has established an Inactive Status to allow registered MAATPs, who are experiencing extenuating circumstances, a means to prevent their registration from expiring. It has been established for registered MAATPs who expect to be inactive for more than two years. This category allows them to avoid the full reapplication process.

Registered MAATPs in good standing unable to meet the continuing education requirements for renewal maintenance due to health or extenuating personal reasons may place their registration on inactive status if they meet the requirements. The process for reactivation from inactive status will then be followed when they wish to activate their registration.

Eligibility for Inactive Status for those MAATPs:

- Registered and in good standing, i.e., current with fees and continuing education units
- Moving to another state but remaining active in the MAAT field
- Retired
- Pursuing academic coursework and not active in MAAT work for the duration of such course work
- On extended military active duty
- Experiencing health problems
- Experiencing extenuating personal circumstances
- Leaving the MAAT field and choosing not to maintain registration via CEUs

Insufficient hours of continuing education will not be accepted as rationale for requesting inactive status.

Procedure for obtaining Inactive Status:

- Request "Inactive Status" in writing from IAMAAT stating the specific reason(s) for the request
- Include documentation for eligibility in your request
- Surrender your current, original registration to IAMAAT. You will receive a letter from IAMAAT acknowledging the registration is on inactive status
- Pay a \$20.00 biennial fee.

During the period of inactive status, professionals are considered to be without IAMAAT registration. They cannot refer to themselves in writing or verbally as "Board Registered Medication Assisted Addiction Treatment Professionals."

Procedure for reactivating a registration from Inactive Status:

Professionals who have left the state and continued in the MAAT field:

- Submit a written request for reactivation to IAMAAT
- Document fulfillment of requirements for registration under the laws/rules of the jurisdiction in which the work experience is occurring
- Submit payment of appropriate fees

Professionals who have left the alcohol and other drug/MAAT field but wish to reactivate their registration before two years have lapsed:

- Submit a written request for reactivation to IAMAAT
- Submit payment of appropriate fees
- Submit payment of reapplication fee
- Provide documentation of current MAAT employment
- Provide documentation of current CEU experience

Professionals who wish to reactivate their registration and have been on inactive status for <u>more than two years:</u>

- Submit a written request for reactivation to IAMAAT
- Submit payment of appropriate fees
- Submit payment of reapplication fee
- Submit payment of written examination fee (when required)
- Successfully complete the written examination (when required)
- Submit current job description on agency letterhead, signed and dated by professional and professional's current supervisor and include the amount of time spent in MAAT direct service

MAATPs requesting inactive status for health or extenuating personal reasons may do so after a petition to IAMAAT has been approved. Such a petition may by sought after a health or extenuating personal circumstance has occurred, but in determining approval, IAMAAT will decide if the circumstances warranted the late petition.

TERMINATED BOARD REGISTRATION

Registration will be terminated for the following:

- 1. Failure to apply for a fee extension beyond the expiration date for renewal of registration and no request for an extension
- 2. Failure to comply with the conditions of an extension by the expiration date
- 3. Failure to document continuing education units (CEUs) over the two-year period of registration and no request for extension or payment plan
- 4. Ethics violations

Notification Procedure for termination of registration:

MAATPs will receive written notice at least 30 days before the registration expires.

All requests for reinstatement must be put in writing and submitted to IAMAAT. Telephone inquiries will not be accepted. A written response will be sent to the member.

APPEAL PROCESS

When applicants are denied registration, question the results of the application review, question examination results or are subject to an action by ICB that they deem unjustified, they have the right to inquire and appeal. If, after having been provided an explanation or clarification of the action of ICB, the applicants (complainants) still think that an action taken is unjustified, they may appeal. Complainants may appeal the decision within 30 days of receipt of the notice of

denial or any other action deemed unjustified by sending a certified letter to the Executive Director of ICB, 401 East Sangamon, Springfield, IL 62702.

If applicants wish to appeal their written examination scores, they must submit a written request to ICB within 30 days of the postmark of the examination score report. Applicants will be required to pay a fee to re-score the examination. Applicants should be aware that examination security and item banking procedures does not permit them to have access to examination questions, answer keys or other secure materials.

DISCIPLINARY REVIEW PROCESS

Registered MAATPs hold a unique position of trust and responsibility and must be aware at all times, of the ethical requirements imposed on them as a result of this special position. ICB has established a "disciplinary review process" that provides an avenue through which complaints can be filed about the ethical conduct of board registered MAATPs or applicants to the registration system.

If it is suspected that a breach of the Code of Ethics has occurred, it is suggested that this be brought to the professional's attention first. If this does not result in a satisfactory outcome, the professional's supervisor should be informed. If this action still does not result in a satisfactory outcome, an ethics complaint should be made to ICB.

The complainant will submit a request for an ethics complaint packet to ICB, 401 East Sangamon Avenue, Springfield, IL 62702.

The complainant will complete the packet and submit it to ICB. Once the ethics complaint packet is received by ICB the complaint will be investigated resulting in one of three findings:

- Dismissal of the complaint
- Return of the complaint to the Executive Director for further investigation; or
- Imposition of disciplinary action.

The complainant may appeal any decision within 30 days of receipt of the results of the complaint by sending a certified letter to the Executive Director of ICB.

MAATP CORE FUNCTIONS AND SKILLS

IAMAAT measures competency through Core Functions. The 14 Core Functions are performed by MAATPs to various degrees. MAATPs are not required to be experts in the 14 Core Functions, but are expected to gain proficiency in these functions as they advance in their careers. Board Registration focuses on the evaluation and demonstration of professional competency, i.e., the ability to do the job and to perform the required tasks.

<u>Admissions Screening</u> - The process by which a patient is determined appropriate and eligible for admission to a particular program.

<u>Intake</u> – The administrative and initial assessment procedures for admission to a MAAT program. The result of this assessment should suggest the focus for treatment and the medication dosage.

Orientation - The process of describing the following to the patient:

general nature and goals of the program

- rules governing patient conduct and infractions that can lead to disciplinary action or discharge from the program
- the methods/hours during which services are available in a nonresidential program and provisions for emergency contact during hours in which services/emergency services are not available
- infectious diseases
- treatment costs to be borne by the patient, if any
- patient's rights

<u>Assessment</u> - The procedures by which the MAATP identifies and evaluates an individual's strengths, weaknesses, problems and needs for the development of the treatment plan.

Treatment Planning - The process by which the MAATP and the patient:

- identify and rank problems needing resolution
- establish agreed-upon immediate and long-term goals
- decide on a treatment process and the resources to be used

Treatment planning is a dynamic process, and plans must be regularly reviewed and modified as appropriate.

<u>MAAT Case Management</u> - Activities that bring services, agencies, resources or people together within a planned framework of action toward the achievement of established goals. Case Management may involve liaison activities and collateral contacts.

<u>Crisis Intervention</u> - Provision of services that respond to MAAT patients' needs during acute emotional and/or physical distress. MAATPs must be able to identify crises when they surface, attempt to relieve or resolve the immediate problem and if possible, use the negative events to enhance treatment efforts.

<u>Patient Education</u> - Provision of information to individuals and groups concerning MAAT patients, associated medical and mental health problems in patients who are alcohol and other drug addicted and the availability of services and resources within each community.

<u>Referral</u> - Identifying the needs of the patient that cannot be met by the MAATP or agency and assisting the patient in using the support systems and community resources available.

Reports and Record Keeping - Charting the results of the assessment and treatment plan, and writing reports, progress notes, discharge summaries, toxicology results and other patient related data.

<u>Consultation with Other Professionals</u> - Communicating with professionals to assure comprehensive, quality care for the patient regarding treatment/services.

<u>Attitudes Towards MAAT Populations</u> - The process of interacting with alcohol and other drug addicted patients. Given the distinct problems associated with this population, the MAATP must take into consideration the following: patient orientation, stigma of having an addiction, cultural sensitivity and ethical awareness.

Roles, Boundaries and Professional Relationship Dynamics - The nature of relationships between professional and patient. Constantly assessing his/her role with patients, the MAATP must realize biases towards the issues of alcohol and other drug addiction and/or abuse and

must understand the dynamics of transference and counter transference to avoid entering into dual relationships.

<u>Health and Safety</u> – The process of identifying, assessing and addressing environmental characteristics that could adversely affect the well-being of MAAT patients and others. MAATPs must have a basic understanding of CPR and first aid, nursing procedures, infection control, universal precautions, sanitation, basic principles of nutrition, dosing, drug testing, pain management and rules and regulations relating to patient safety including a diversion control plan.

KNOWLEDGE BASE

<u>Pharmacology/Psychopharmacology Interactions</u> - Define and recognize the actions of psychoactive drugs as they affect the human mind and body, as well as routes of administration, methods of ingestion, tolerance, withdrawal and interactions with other drugs. This knowledge is necessary to perform assessments and make appropriate treatment referrals.

<u>Signs and Symptoms of Alcohol and Other Drug Abuse and Dependence</u> – Recognize and know the signs and symptoms associated with the different classifications of psychoactive chemicals; understand the concepts of use, misuse, abuse, dependence, withdrawal, and overdose/toxicity; and know appropriate treatment approaches necessary to ensure the safety of patients for these conditions.

<u>Human Development</u> – Know the principles and processes of human physical, mental, emotional, spiritual and social development including basic abnormal psychology and effects of chemical usage on growth and development.

<u>Historical Perspectives of Alcohol and Other Drug Use, Abuse, Dependence and Treatment</u> – Know the historical development of alcohol and other drug addiction treatment including the history of chemical usage in the United States, the origins of MAAT and its relationship to the community at large.

Modalities of Alcohol and Other Drug Abuse and Dependence Treatment Services/Abstinence/ Harm Reduction - Know the eligibility requirements and criteria for specific modalities of service, what services are offered in each modality with applicable regulations and limits, and know when it is appropriate to make referrals.

<u>MAAT Rules and Regulations</u> – Possess practical knowledge of applicable federal, state, local and agency laws, rules and regulations pertaining to the delivery of MAAT.

<u>Maximizing Patient Retention</u> - Identify factors affecting patient retention, perform a relapse risk assessment and implement relapse prevention techniques.

<u>Therapy and Dynamics of Treatment and Recovery</u> - Possess a practical knowledge of treatment approaches, philosophies, methods, and objectives. Know techniques for evaluating progress and outcomes and how to modify approaches to address a patient's unique needs.

<u>Case Management</u> - Know how to coordinate a multiple service plan in order to assure that all patient needs are addressed.

<u>Professional Ethics</u> - Know the requirements of IAMAAT's Code of Ethics, and be able to apply this Code of Ethics to the Core Functions. It shall include code of conduct, disciplinary review process and appeals procedure.

<u>Special Populations' Issues Pertaining to Alcohol and Other Drug Abuse, Dependence and Treatment</u> – Be familiar with the differences in attitude and behavior patterns of significant cultures and special needs groups within Illinois' population in order to provide meaningful quality care. Know how the beliefs, values and lifestyles of various special populations relate to the individual patient's alcohol and other drug use, abuse, dependence, relapse risk and recovery. Understand issues pertaining to age, gender, ethnicity, religion, sexual orientation and culture, as well as to multiple diagnoses, such as mental disorders, HIV, physical handicaps, etc.

<u>Treatment Approaches with MAAT Patients</u> – Understand and utilize applicable therapeutic approaches with MAAT patients.

Research Methods - Access the latest research findings and information on new treatment approaches.